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HERE IS THE DEFINITIVE  
BOOK ABOUT  
HORTICULTURAL THERAPY**

# Horticulture as Therapy

*A practical guide to using  
horticulture as a  
therapeutic tool*

**By Mitchell L. Hewson,  
H.T.M.**

Now a  
Canadian best-seller.  
More than  
7,000 copies sold!

- Mitchell Hewson is the first Canadian to receive the American Horticultural Therapy Publication Award for his book "Horticulture as Therapy." He initiated official Horticulture Therapy registration in Canada with the Canadian Horticultural Therapy Association, and he is a past Board Member of the American Horticultural Therapy Association.
- Some of his articles have appeared in MacLeans, Readers Digest, HarrowSmith and the Toronto Star. He has been interviewed by the late Peter Gzowski, Mark Cullen, CFRB, the CTV National News and the CBC Health Show.
- He has been featured on CBC Radio and Television in Calgary, Alberta.



## Please contact Mitchell for:

- Workshops and lectures on Horticultural Therapy
- National and International keynote speaking engagements

To purchase "Horticulture as Therapy," fill out this form and send it with a cheque payable to Mitchell Hewson to:

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*Here is the volume that guides you in setting up a thriving horticulture therapy program!*

**Some chapters include:**

- Diagnosis
- Therapeutic Application
- Medication
- Plants and Environment
- Tools
- Resources
- Year-round projects for populations with specialized needs.

**Highlights:**

- Detailed information to give the novice professional confidence to explore the therapeutic rewards of horticulture;
- Innovative ideas about plants and crafts for the veteran professional;
- Twenty-eight years of real-life experiences lend freshness to a variety of exercises, projects and activities;
- Infused with the "voice" of humanism and a love for nature.

## About the Author

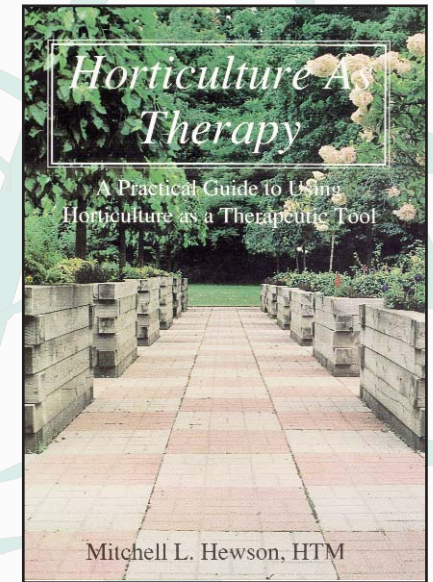


*Humanist,  
naturalist,  
Horticultural  
therapist...*

Mitchell Hewson is the heart and driving force behind horticultural therapy in Canada. Mitchell's accomplishments include:

- First Registered Horticultural Therapist to practise in Canada;
- Horticulture Therapist - Master's status, interned at Clinton Valley Centre, Michigan
- Chairman and chartered member of the Canadian Horticultural Therapy Association
- Well-known author and lecturer - conducts workshops across Canada
- Serves as a consultant - has established horticulture therapy programs at many hospitals and institutions across Canada
- Recipient of the International Alice Burlingame Humanitarian Service Award for promoting and furthering horticultural therapy.

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This book is a must-read for people who know and understand the healing power of working with plants.

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